

Activities in Kinesiology

This March 1st and 2nd 2018, Dr. John Smith and Dr. Sukho Lee took a group of Kinesiology students to the Texas Chapter of the American College of Sports Medicine's (TACSM) annual meeting hosted by UT in Austin, TX. This regional meeting focuses on the promotion and advancement of medical and other scientific knowledge related to sport and exercise.

The following students presented their research:

- Michaela Pollaro, Victoria Lansford, and Andrew Avila: *Effect of Oral Rinsing with Pre-Workout on Cycling Time Trial Performance.*
- Joungho Ko: *Effects of Twenty Sessions Core Stability Exercise on Functional Movement and Balance.*



This conference is very much student-oriented and a big attraction is the Student Bowl, which is a jeopardy-style academic event with kinesiology-related content. This year's competition included 30 teams of students from colleges and universities across Texas competing against each other for a chance to represent Texas at the ACSM national meeting's student bowl. Cody Wetz, Jonathan Martinez, and Kurtis Johnson formed the team for A&M-SA.



Points	Team	Points	Team
3700	LSHB	4000	TCU
3000	UT-Arlington	4000	UTEP
2900	TWU (Maroon)	3900	Lamar (Red)
2900	Tarleton State	3900	Texas Wesleyan
6500	UT-Austin (Orange)	3800	A&M-Kingsville
5100	A&M (White)	3700	A&M-San Antonio
5800	TWU (White)	3700	Texas Tech (Red)
5800	UT-Austin (White)	3600	Lamar (White)
5000	SMU	3600	SFA (Purple)
4800	UTRGV (Orange)	3600	SFA (White)

At the Recognition and Awards Ceremony, Michaela was recognized by TACSM as the A&M-SA Kinesiology Student of the Year for 2017.

In addition to the above mentioned students, Brittany Florez, Cindy Trinh, Karin Wedholm, Nora Banda, Miranda Capetillo, Taylor-Rae Oswald, Tessa Villarreal, Chelsea Frausto, Victoria Garcia, Kayla Swiantkiewicz, Marcus Blaylock, Mario Bernal Joshua Kyllingstad, Jordan Mayberry, Gilbert Rodriguez, Xavier Romero, and Travis Matthews also attended.

