

# Kinesiology in the News

This March 3-4 2016, Dr. John Smith and Dr. Sukho Lee took a group of Kinesiology students to the Texas Chapter of the American College of Sports Medicine's (TACSM) annual meeting held at the Texas A&M University in College Station, TX. This regional meeting focuses on the promotion and advancement of medical and other scientific knowledge related to sport and exercise.

The following students presented their research:

- Mike Maspero: Effect of an Acute Bout of Exercise using an Altitude Training Mask Simulating 12,000 ft on Physiological and Perceptual Variables.
- Gina Ok: The Acute and Chronic Effect of Korea Ginseng Supplement on Exercise Performance, Cognitive Function, and Fatigue Recovery.
- Adam Garcia: Predicting Percent Body Fat using Body Mass Index and Abdominal Circumference.

Additionally, two post-doctoral fellows presented their research

- Dr. Nan Hee Lee: Kinesio Taping does not Alter Muscular Performance of Lower Extremity in Obese Adults.
- Dr. Hyun Chul Jung: Acute Effects of Different Stretching Protocols Combined with Potentiating Exercise on Flexibility, Power, and Muscle Performance.

This conference is very much student-oriented and a big attraction is the Student Bowl, which is a jeopardy-style academic event with kinesiology-related content. This year's competition included over 25 teams of students from colleges and universities across Texas competing against each other for a chance to represent Texas at the ACSM national meeting's student bowl. Quenton Morgan, Helen Fleck, and Serina Holder formed the team for TAMU-SA.

At the Recognition and Awards Ceremony, Serina Holder was recognized by TACSM as the TAMU-SA Kinesiology Student of the Year for 2015.

In addition to the above mentioned students, Celeste Frausto, Lindsay Morris, Diana Garza, Marianna Hurtado, Kelly McGarity, Amelia Pacheco, Soeun Jeon, Arelie Pacheco, Daniel Rodriguez, Jason Trevino, Anna White, Ariel Reinartz, Brandon Davis, Angelica Guajardo, and Kristina Garcia, who are students in the Kinesiology program, also attended.

