



PROWL



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What do I get out of participating?

Scholarships

Opportunity to apply to a \$500 scholarship for your second year of college!

Outside of the classroom opportunities

Faculty/Staff Mentors

Internships

Campus Projects

Research

Study Abroad

University Recognition

- Certificate
- Graduation Cord
- First-Year Awards
- Giveaways



Discover. Engage. Connect.
First-Year Experience



Patriots' Casa,
Room 203
(210) 784-1435
fye@tamusa.edu

@TAMUSAFYE



PROWL

Pursuing Resources,
Opportunity,
Wellness, and
Learning Program



TEXAS A&M UNIVERSITY - SAN ANTONIO

First-Year Experience



What is PROWL?

The PROWL (Pursuing Resources, Opportunity, Wellness, and Learning) is a program at Texas A&M University-San Antonio that aims to provide personalized guidance and support to first-year students during their second semester after they take First-Year Seminar.

What are the goals of PROWL?

Students participating in the PROWL Program will:

- Have access to a Peer Leader that will transition them into a career pathway through a connection to experiential learning opportunities;
- Increase their wellness through connections to campus resources;
- Create community and build relationships through social experiences on and off campus;
- Be assisted in finishing out the first year and enrolling for their second year at the institution;
- Learn to advocate for themselves to cultivate academic, professional, and personal growth.

What happens in PROWL?

January: One on One Meeting with Peer Leader

General check-in;
Campus involvement;
Career exploration

February: Event

Attend one out of four Peer Leader-led events

March: Pre-Registration Party

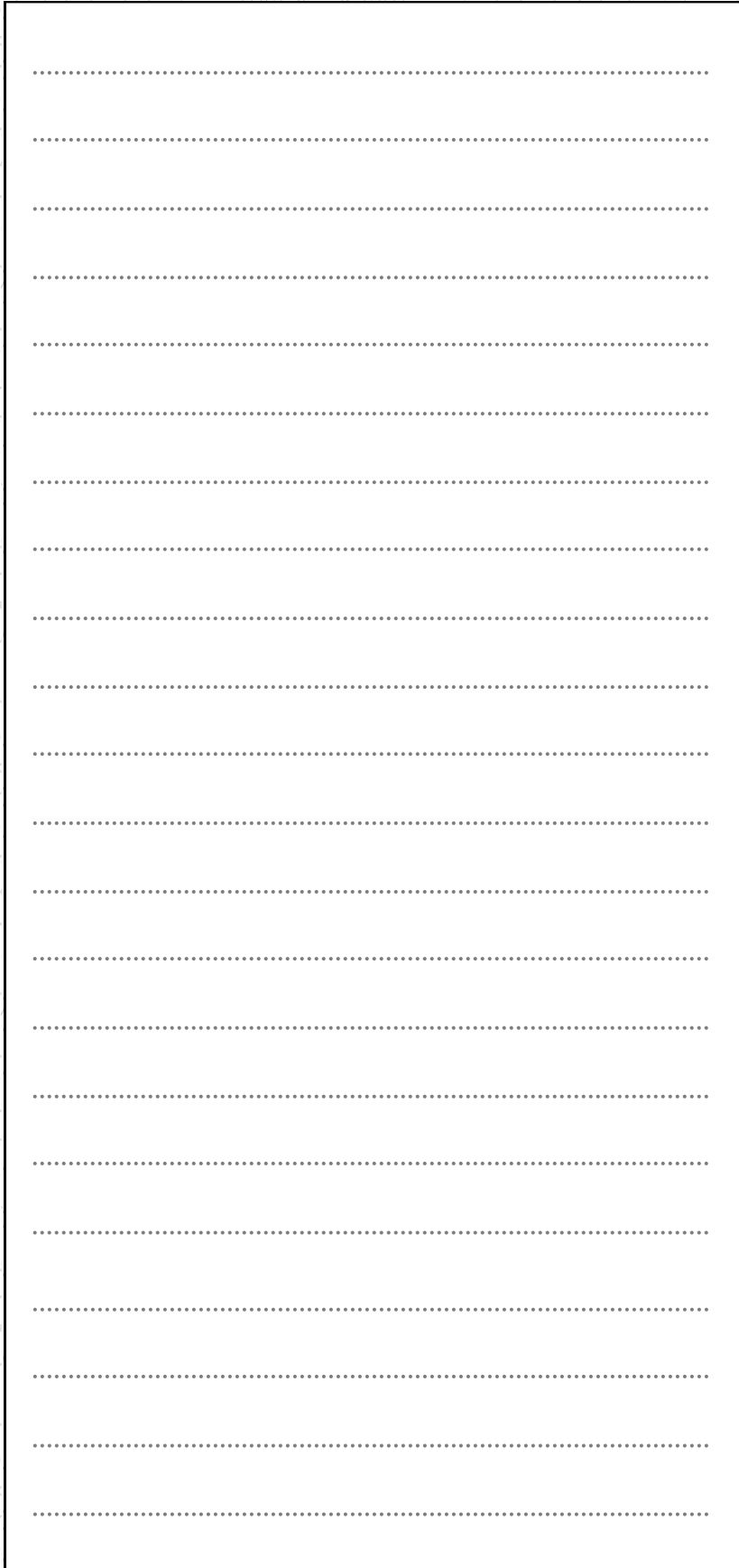
Attend a class registration event hosted by the Office of First-Year Experience

April: One-on-One Meeting with Peer Leader

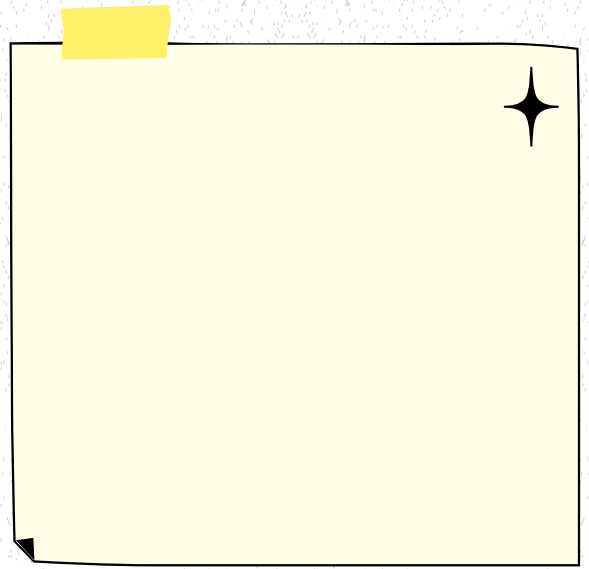
Class registration;
Involvement on campus;
Summer plans



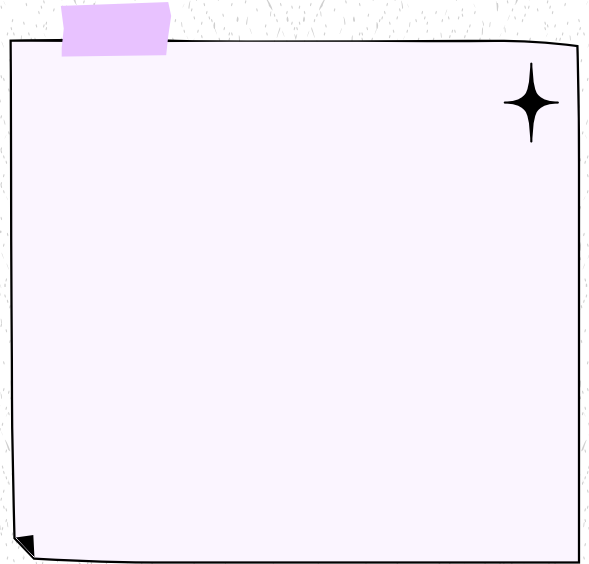
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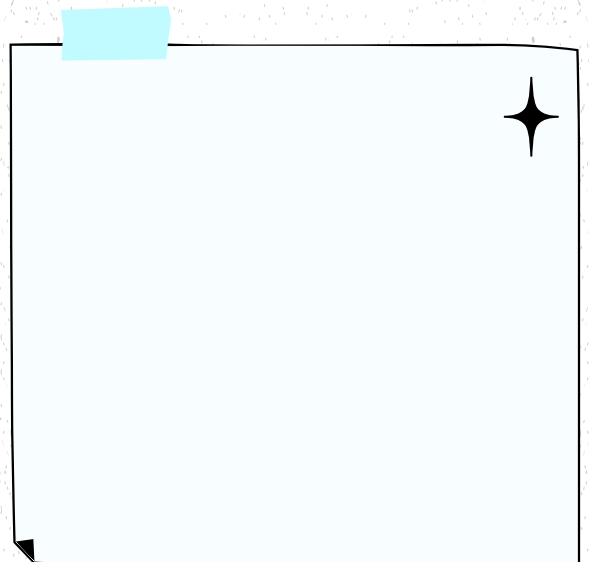
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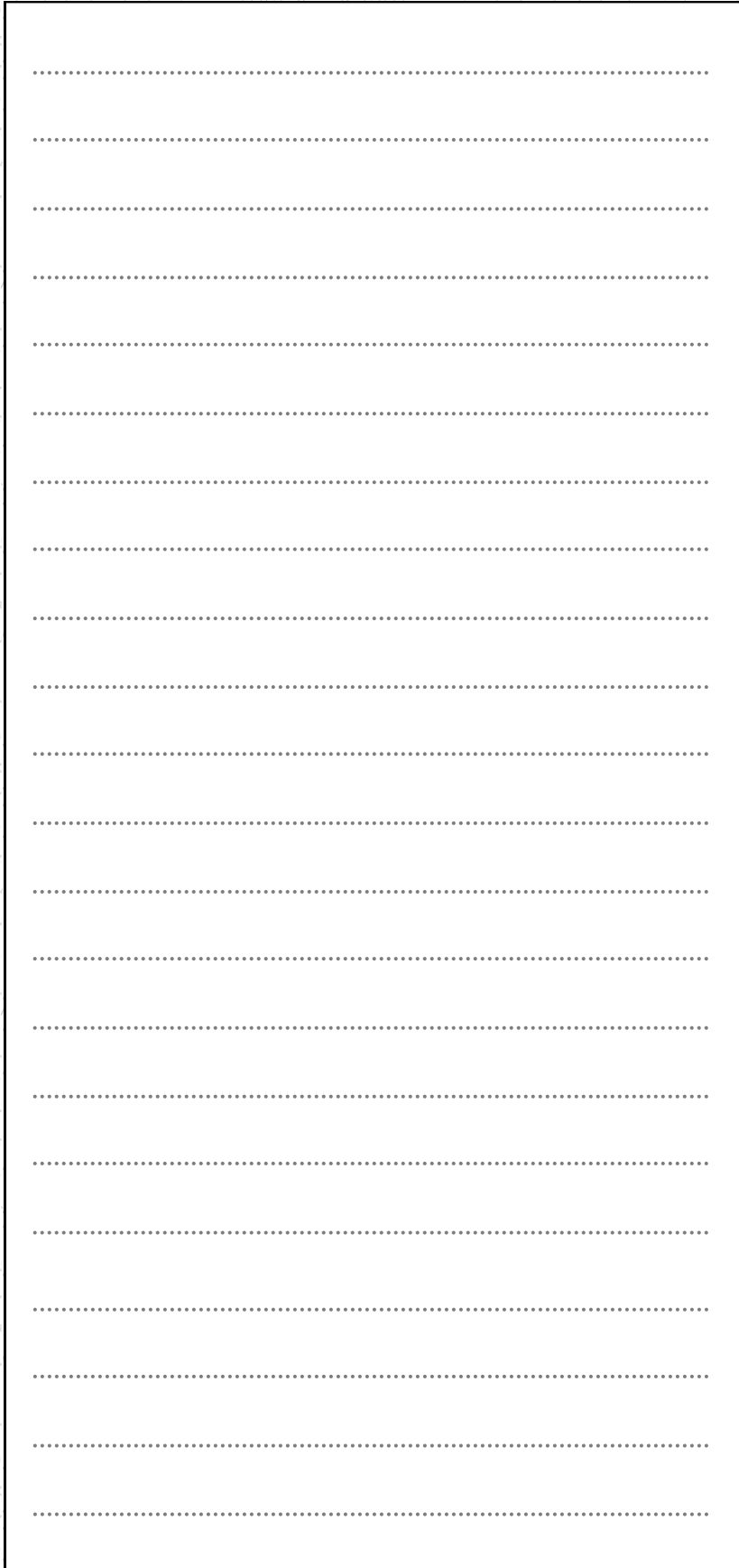


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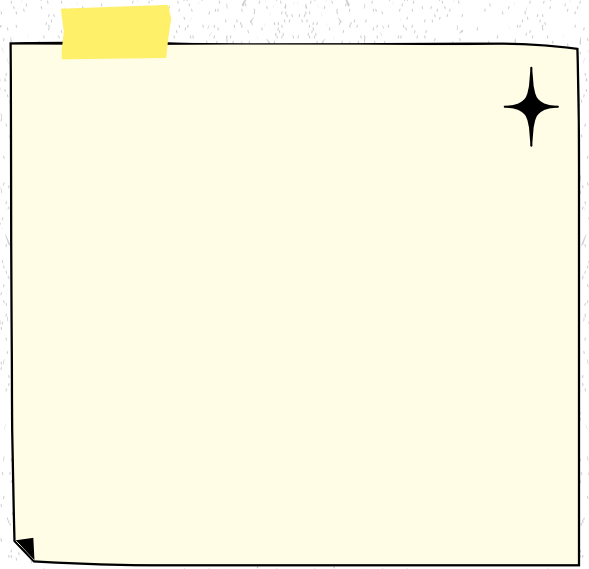


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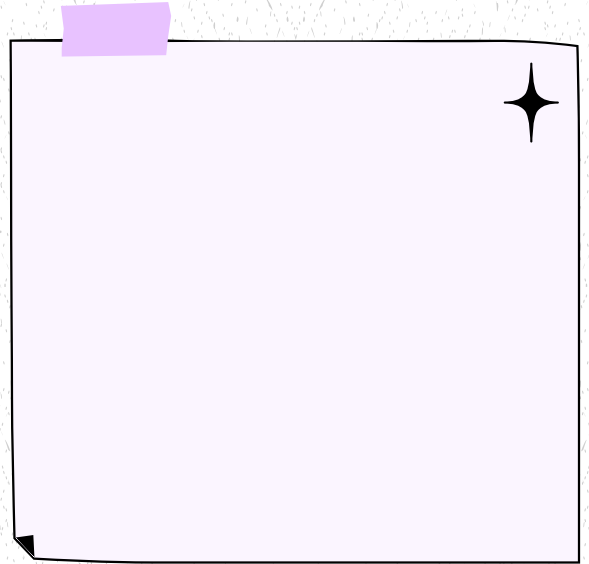
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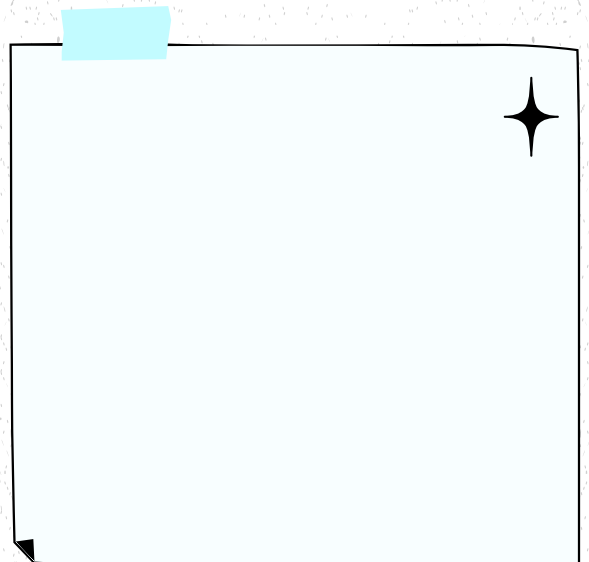
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A cyan sticky note with a cyan tab at the top left. It has a black star icon in the top right corner and a folded bottom-left corner.

Peer Leader Office of First-Year Experience

- Located in Patriots' Casa 203
- A&M-SA student that serves as a peer mentor in First-Year Seminar courses
- Supports peers in navigating academic, social, and personal challenges



TEXAS A&M UNIVERSITY-SAN ANTONIO
First-Year Experience

Academic Advisor Academic Advising

- Located in CAB 202
- Staff members that advise in making course and major decisions, as well as career goals
- Communicate degree/graduation requirements and university policies/procedures



FIRST-YEAR STUDENT SUPPORT

Academic Learning Center

- Located in CAB 202
- A&M students that serve as tutors that provide assistance, resources, and study sessions
- Tutoring opportunities sessions both inside and outside of the classroom

For more information, please contact the Office of First-Year Experience at (210) 784-1435 or email at fye@tamusa.edu.

Writing, Language, & Digital Composing Center (WLDCC)

- Located in CAB 208 & Hall 304
- In person, virtual, and e-tutoring for writing, digital media, Spanish, and speech
- Assist with writing skills in various styles: APA, MLA, Chicago
- Have a podcast studio



FIRST-YEAR 101

Mays Center

SciTech Suite 111
(210) 784-1356
mays@tamusa.edu

First-Year Experience

Patriots' Casa, Suite 203
(210) 784-1435
fye@tamusa.edu

Military Affairs

Patriots' Casa, Suite 202
(210) 784-1397
Military.VA@tamusa.edu

Disability Support Services

CAB 210 | (210) 784-1345
dos@tamusa.edu

Student Academic Success Center

CAB 202
(210) 784-1307
Student.Success@tamusa.edu

Student Counseling and Wellness Services

MADLA 112
(210) 784-1331
StuCounseling@tamusa.edu

Academic Advising

CAB 202
(210) 784-1307
Advising.Center@tamusa.edu

Writing, Language, and Digital Composing Center

CAB 208 & Classroom Hall 304
Writing.Center@tamusa.edu

For an extensive list of departments on campus, review A&M-SA Department Guide provided in your folder.

Tutoring Center

CAB 202
(210) 784-1332
Tutoring@tamusa.edu

Student Business Center

Madla Room 135
(210) 784-2035
sbs@tamusa.edu




IT-Help Desk

CAB Room 233
(210) 784-4357
helpdesk@tamusa.edu

Spring 2025: 16 Weeks

| Day | Date | Event |
|-----------------|--------------------------|--|
| Tuesday | January 14 | Tuition & fee payment deadline: A \$35 fee will be assessed for paying after this date |
| Thursday | January 16 | Drop for non-payment |
| Friday | January 17 | Last day for students withdrawing to receive 100% refund (0% responsibility) for tuition |
| Monday | January 20 | Martin Luther King Jr. Day |
| Tuesday | January 21 | First Class Day |
| Monday | January 27 | Peer Leader Sessions Begin |
| Tuesday | January 28 | Last day to register |
| Wednesday | February 5 | Census date |
| Thursday | February 6 | Drop for non-payment |
| Monday | February 3 | PROWL Event Timeframe Begins |
| Friday | February 28 | Peer Leader Sessions End |
| Friday | March 1 | Title IV 60% of semester |
| Monday-Saturday | March 10-March 15 | Spring Break |
| TBA | March TBA | Spring Pre-Registration Party |
| Monday | March 24 | 2 nd Peer Leader Sessions Begin |
| Friday | April 18 | Study Day – No classes |
| Monday | April 21 | Last day to drop with an automatic grade of "W" |
| Friday | April 18 | 2 nd Peer Leader Sessions End |
| Wednesday | April 23 | First-Year Cording Ceremony 6:00 PM - 8:00 PM in Auditorium |
| Monday | April 28 | Last day to withdraw from the university |
| Monday | May 5 | Last day of scheduled classes for weekday classes |

| | | |
|-------------------|---------------------|-----------------------------|
| Tuesday | May 6 | Study day – No classes |
| Wednesday-Tuesday | May 7-May 13 | Final examinations |
| Tuesday | May 13 | End of term |
| Thursday | May 19 | Grades available in JagWire |

| | | | | | |
|---|------------|---|----------------|---|-----------------|
|  | ProwlEvent |  | UniversityDate |  | Holidays/Breaks |
|---|------------|---|----------------|---|-----------------|

*Information pulled from 2024-2025 Academic Calendar on October 21, 2024. Please refer to www.tamusa.edu under academic resources for the most up-to-date information.



Texas A&M University-San Antonio

Student Bucket List



TEXAS A&M UNIVERSITY-SAN ANTONIO

First-Year Experience

5 University Volunteer Traditions

1. Participate in Paws Up Day of Service
2. March in the Universities MLK March Parade
3. Volunteer during the Festival de Cascarones
4. Be a Ring Leader during the Ring Ceremony
5. March in the Universities Cesar E. Chavez Parade

5 University Greek Life Interactions

1. Interact during the Meet the Greeks Celebration
2. Enjoy the University's Tailgate
3. Watch a Campus Greek Life Show or Probate
4. Attend the Annual Jaguar Loteria Knight
5. Visit a Social Rush Event after Weeks of Welcome

15 Event Based Items

1. Participate in Patriot's Pachanga
2. Participate in R.E.D Fridays
3. Attend a Basketball or Soccer game
4. Take a Jag Fit Class: Yoga, Hip Hop or CrossFit
5. Play on a team for Intramural Sports
6. Engage in a First-Year Experience event
7. Visit General Mercado Vendor Day
8. Watch the lightshow during Lights of Esperanza
9. Crack a cascaron at Festival de Cascarones
10. Visit 5 tables during Jaguar Involvement Fair
11. Stop by the Mays Center Professional Development Day
12. Attend the University's Dia de los Muertos Festival
13. Be invited to the Universities Jaguar Awards Show
14. Talk to 3 companies during the Career Fair
15. Stop by Student Government College Days

5 University Social Interactions

1. Make a friend on Campus
2. Say "Thank You" to a University employee
3. Greet your professor in the hallway
4. Give someone a compliment on campus
5. Study with your peers outside of class

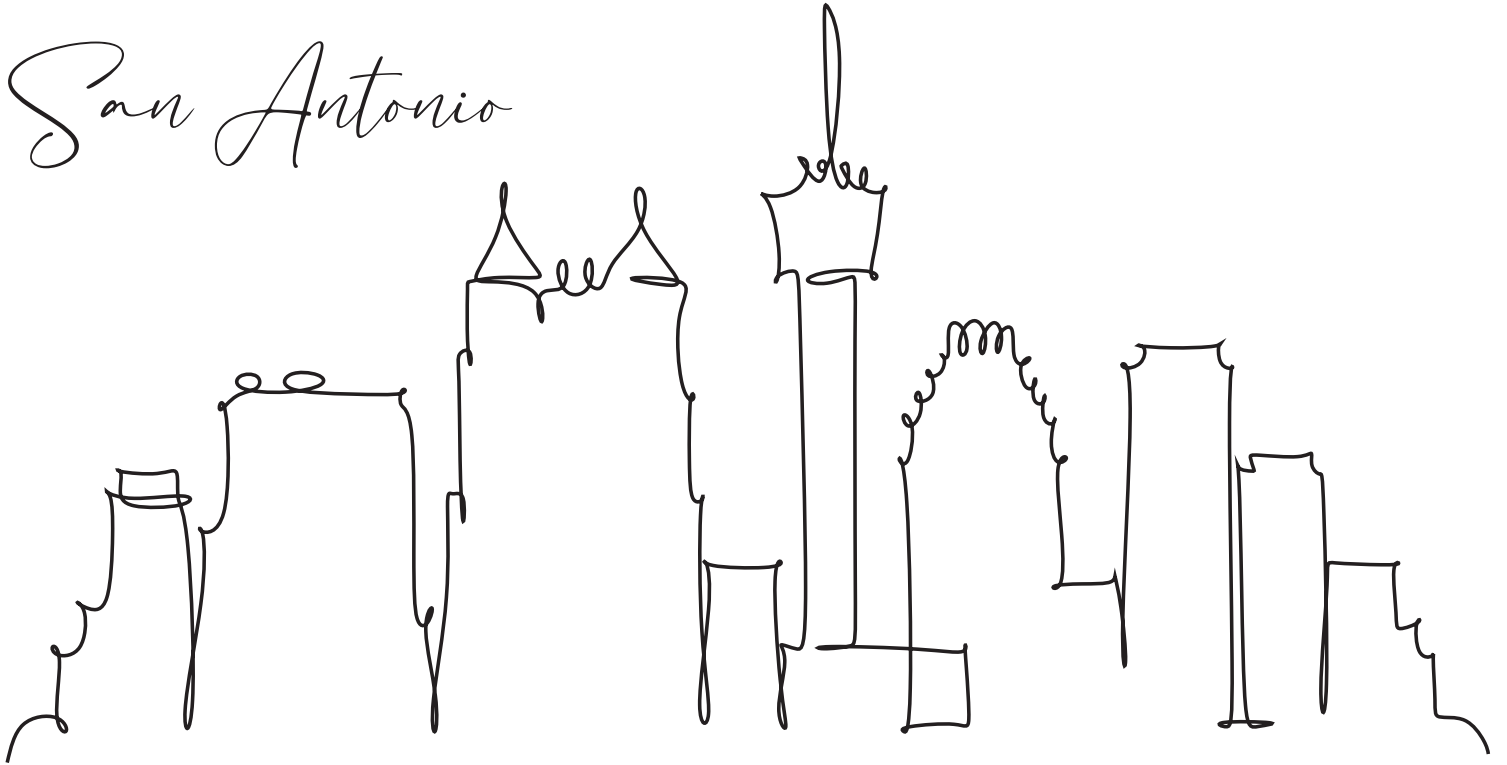
5 University Academic Goals

1. Join or create a study group
2. Talk to a Mays Center Career Advisor
3. Achieve the Academic Deans list
4. Attend a professors office hours
5. Visit the Tutoring Center

15 Campus Activities

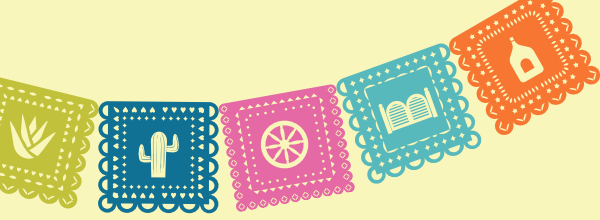
1. Grab some coffee at Jaguar Java
2. Reserve a study room in the Library
3. Take a picture with General the Jaguar
4. Eat lunch in the Presidents Rose Garden
5. Study outside on a nice day
6. Pet Scout, our University Victim Assistance Dog
7. Participate in Jaguar Spirit Week
8. Place a penny on the statue
9. Borrow a book from the Library
10. Play a video game in the Game Lounge
11. Workout at the University Rec Center
12. Grab a drink from the Riverside Café
13. Grab a bite to eat from the food truck
14. Attend Student Government Senate Meeting
15. Visit the Mays Center Career Closet

San Antonio



San Antonio Bucket List

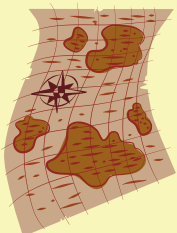
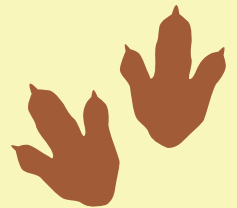




ART, CULTURE, & HISTORY



- Go on a tour of **The Alamo** and learn a bit more about the history of the Texas Revolution and the Battle of the Alamo. For more information on the tours please email tours@thealamo.org.
- If you are a lover of art and culture, the **San Antonio Museum of Art** is a must-go. There are many artworks that will take you through 5,000 years of history around the world. A&M-SA students get in for free.
- Visit **the McNay** to view American & European art (from Medieval to contemporary) in a 1929 mansion with a modern addition. A&M-SA students get in for free.
- For those who love history and science, the **Witte Museum** has multiple exhibits that range from prehistoric hunter-gatherers of Texas to dinosaurs to the science behind human health. A&M-SA students get in for free.
- Take a day to visit San Antonio's four missions: **Mission Concepcion, Mission San Jose, Mission San Juan, and Mission Espada**. They are 2.5 miles away from each other, so it's the perfect full-day activity. Learn about why the missions were created and the impact they have had. For more information please call (210) 534-8875.



SHOP!



INDOOR FUN

RELAX!



- Take a self-care day and do a bit of retail therapy at **The Rim**. There are many shops and restaurants for individuals to enjoy. For more information on what The Rim has to offer please call (210) 641-1777.
- Go on a trip downtown to visit the **Tower of the Americas**. Take a view of the city on the Flags Over Texas Observation Deck, or go on the Skies Over Texas ride where visitors go on a high-flying trip across our state. For more information on what the Tower of the Americas has to offer please call (210) 223-3101. (General Admission \$31 without parking included)
- If you want to put your critical thinking skills to the test, escape one of the rooms **Great Room Escape** has to offer. For more information about defeating the curse of Anubis, preventing a missile disaster, or surviving a zombie apocalypse, please call (210) 504-4698.
- Are excavations, James Bond, or the Old West more your vibe? If so, **Escape the Room** is an experience you don't want to miss out on. For more information on tickets, please call (210) 764-4415. (\$29-100 depending on the escape room)
- If sports are more of your interest, attend a **San Antonio Spurs** basketball game. This is a fun way to show your spirit and to hang out with friends. For more information on the games schedule and ticket prices please visit www.nba.com/spurs.
- For those who like a cup of "tee", **Top Golf** is a great place to hit some swings while relaxing and eating delicious food. For more information on admission, please call (210) 202-2694.



PLAY GAMES!



ENJOY SPORTS!



OUTDOOR ADVENTURES



- Take a stroll down the **Riverwalk** and go on one of the multiple tours downtown San Antonio has to offer. For more information please call (210) 227-4262.
- Relax from any semester stress by enjoying the beautiful view at **Japanese Tea Gardens**. For more information on the garden please call (210) 559-3148.
- Have a self-care day at **Six Flags Fiesta Texas** and unwind from school work by going on any of the fun attractions they offer. For more information on tickets please call (210) 697-5050.
- Stop by **The Pearl** and enjoy a meal at one of the many nearby restaurants or take a stroll through the weekly Farmers Market. For more information on what The Pearl has to offer please call (210) 212-7260.
- Visit **Canyon Lake** located in Canyon Lake, Tx. Take a mini trip and explore one of the parks Canyon Lake has to offer and visit the marina. For more information please email info@canyonlakechamber.com.
- Take a trip to visit Texas' premier natural attraction, the **Natural Bridge Caverns**. There are many tours to choose from and plenty more activities to do outside the caverns. For more information on the tours and attractions, please call (210) 651-6101.
- Viewing San Antonio's plant life has never been more enjoyable than at the **San Antonio Botanical Garden**. With a variety of plants and weekly events, there is always something fun to do and see. For more information on admission, please call (210) 536-1400.





THE "SNOWY" SAN ANTONIO ESCAPES



- **San Antonio Zoo:** Take a trip to the San Antonio Zoo to see animals from all different parts of the world. For more information contact (210)-734-7184.
- **Hemisfair Park:** Enjoy scenery and lively activities while walking through the park. There are various things for you and your mentor to enjoy together. For more information (210)-709-4750.
- **Natural Bridge Caverns:** Explore and travel through the Natural Bridge Caverns. For more information (210)-651-6101.
- **Mission Marquee Plaza:** Have fun with family and loved ones at the Mission Marquee Plaza. There are various activities like movie showings, Farmers Markets, etc. For more information on what event is taking place, contact (210)-207-8612.
- **Ice & Golf Center At Northwoods:** What better way to enjoy cool weather at an indoor ice rink. For more information (210)-490-9550.
- **Christmas Lights Drive-Thru:** Get a chance to see wonderful Christmas Lights through the comfort of your car! For more information go to <https://seelightsalive.com/>.
- **River Walk:** The Downtown RiverWalk is the starlight of San Antonio. Events and celebration occur throughout the year. For more information (210)-227-4262.



MISCELLANEOUS

- **The Rage Room SA:** Add a little color to your life! In our splatter room, you get your own paint canvas and several colors of paint to splatter at your canvas, at the wall, or each other! For more information (210) -900-9630.
- **Clay Casa:** Looking for ceramic painting or pottery painting near San Antonio, TX.? Clay Casa offers a creative way on pottery painting. For more information (210)-402-6656.
- **Black Swan Yoga:** Enjoy a fun workout with friends. No matter your experience in yoga there is a class for you to try! For more information (210)-570-6555.
- **The Alamo:** The Alamo is like nowhere else: the jewel of Texas heritage and a historic destination. Discover the place that has captured the world's attention for generations. For more information contact (210)-225-1391.
- **San Antonio Aquarium:** Come Experience Thousands of Species and Interactive Exhibits! San Antonio Aquarium has been the premier family entertainment center in Leon Valley since 2014. For more information contact (210)-310-3210.
- **iFly San Antonio:** iFLY makes the dream of flight a reality with indoor skydiving in a safe and fun environment. For more information contact (210)-762-4359.
- **Natural Bridge Wildlife Ranch:** Travel the Safari Drive-Thru in the comfort of your own vehicle. Over 40 species from all over the world roam rolling hills, meandering creek beds and amongst magnificent live oak trees on this scenic, historic 450 acre Texas Hill Country ranch. The safari trek covers over 6 miles and takes 1-2 hours to travel. Admission offers multiple trips through the safari as every trek offers different adventures in the free roaming environment. For more information contact (830)-438-7400.
- **Amazing Mirror Maze:** The Amazing Mirror Maze is an interactive visual adventure designed by the world's most creative design team, to stimulate and challenge your mind. For more information contact (210)-224-2288

MONEY PRICES

Japanese Tea Garden: Free Entry

Six Flags: One-day pass range from \$25-\$90

The Pearl: Parking will range from \$3-\$20

Natural Bridge Caverns: \$27-\$32

San Antonio Botanical Garden: Adults: \$16-\$18 | Children (3-13): \$13-\$15 | Children under 3: Free | Military: \$14-\$16

San Antonio Zoo: Adult: \$31.99 | Children: \$27.99 | Locals day: \$8 (check website for dates)

Mission Marquee Place: Free Entry

Ice & Golf Center At Northwoods:
Skating Prices: Ice Admission: \$10 | Skate Rental: \$4

Mini-Golf: 1 round (18-holes): \$9 | 2 rounds (36-holes): \$12

Public Skate + Mini Golf Combo: \$20

Museums: Free with your student ID card

Mission Conceptions: Free Entry

Tower of America:

Tower of the Americas & Go Rio Combo Ticket:

Adults: \$16.5 | General Admission: \$31

Tower of the Americas Parking: Monday - Thursday: \$10 | Friday - Sunday: \$15 | Special Events: \$20

Great Room Escape: 4 people = \$28.99 | 1-3 people = \$99.99

Escape the Room: 2 people = \$40

San Antonio Spurs Game: \$40-100 estimate

Top Golf: \$60 estimate

Riverwalk: Parking: \$10-15

Boat Cruises "Go Rio Cruise": Adults: \$14.50 | Children (ages 1-5): \$8.50 | Local Residents of Bexar County Texas: \$12.50 | Senior Citizen (65 & older) and Military: \$11.50



STUDENT DISCOUNTS

AMC Theater at Rivercenter: Price Varies but ticket can be bought at a discount with a Student ID.

Alamo Drafthouse: \$10.50 tickets for Students

Museums:

Museums this applies to:

- San Antonio Museum of Art
- San Antonio Missions
- The Alamo
- Holocaust Museum
- The McNay (free only on Tuesday from 4-9 pm)
- Witte Museum (free Tuesday 3pm - 8pm)

Six Flags: Occasional College days with discounted tickets

Make sure to keep an eye out around the city many places often will do college days/discounts periodically!

MONEY PRICES

FREE - \$20

- Japanese Tea Garden
- The Pearl
- San Antonio Botanical Garden
- Mission Marquee Place
- Ice & Golf Center At Northwoods
- Riverwalk
- Museums
- Mission Conceptions
- Black Swan Yoga
- The Alamo

\$20 - \$50

- Six Flags (\$25-\$50)
- Natural Bridge Caverns
- San Antonio Zoo
- Escape Room (\$29-\$40)
- Tower of Americas
- Clay Casa
- San Antonio Aquarium
- Natural Bridge Wildlife Ranch
- The Amazing Mirror Maze

\$50 - \$150

- Six Flags (\$50-\$90)
- Top Golf
- San Antonio Spurs Game
- Escape Room (\$100)
- iFLY San Antonio

How to Complete a Time Management Worksheet

PART A: Identify Obligated Time

1. Fill in all of your classes.
2. Fill in the hours you work
3. Fill in the time it takes to get ready and travel between home, school, and work.
4. Fill in any other regular appointments (church, transporting children, etc.)
5. Fill in a Lunch and Dinner Break. Include time for food preparation
6. Establish a set time to go to sleep and get up in the morning

PART B: Identify Free Time

1. Assign time for studying for each class.
2. Allow 2-4 hours for each hour spent in class per week depending on the difficulty of the course to you personally.
Ex. If you are taking 15 hours of classes, you should be studying and doing homework between 30-60 hours a week.
3. Try to study for classes on the days they meet.
4. Use large blocks for major tasks, smaller blocks for reviews.
5. Schedule regular breaks and rewards for completing a task—don't marathon study.
6. Schedule fun events-- recreation, watching television, going out with friends, etc.

PART C: Analyze Your Situation

1. Have you found "hidden time" you didn't know you had?
2. Is there enough time available to study for all your classes?
3. If your schedule cannot accommodate all the demands of your time, see a counselor.
4. If your schedule looks reasonable, then stick to it!

Time Management Worksheet

| Time | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------|---------------|---------------|----------------|------------------|-----------------|---------------|-----------------|
| 7:00 | | | | | | | |
| 8:00 | | | | | | | |
| 9:00 | | | | | | | |
| 10:00 | | | | | | | |
| 11:00 | | | | | | | |
| 12:00 | | | | | | | |
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| 8:00 | | | | | | | |
| 9:00 | | | | | | | |
| 10:00 | | | | | | | |
| 11:00 | | | | | | | |

Transportation and Housing Resources

- Details about Vialink or any other transportation services available for students. Information regarding on-campus dormitories or affordable off-campus housing options.
 - We have just renewed our partnership with Via for the upcoming academic year. Corrin Lasseur is the point of contact for the partnership and provide you more details.
 - Housing: Phase II is under way and is slated to be open and available to students next Fall. Phase III is in the beginning planning stages and we are hoping for an opening in fall 2026.
 - We have an off campus housing website where students can connect with local options for rent near and around the campus:
<https://offcampushousing.tamusa.edu/>
 - There is also an apartment complex called Lofts on Main that has said that it caters to students in its co-living model.
 - Additionally, Palomino Flats should be fully operational by the end of fall/beginning of Spring.

SAMM Ministries - Rental Assistance, Utilities, Long-Term Housing Assistance
<https://www.samm.org/get-help/>

Bexar County Assistance Programs - Link for all types of assistance in Bexar county
http://www.needhelppayingbills.com/html/bexar_county_assistance_progra.html

Family Assistance Centers - Utilities, Employment Support, Rent Assistance for final eviction notices
<http://www.sanantonio.gov/humanservices/FinanceEmergency/FamilyAssistanceCenters>

San Antonio Texas Rent Assistance Agencies - Multiple links for financial assistance for rent, food, utilities, and clothes.
http://www.rentassistance.us/ci/tx-san_antonio

Emergency Food Assistance - Food assistance for low income adults, children, seniors and pet food
<https://safoodbank.org>

Utility Bill Payment Assistance - Utility bill payment assistance

<http://bexar.tx.networkofcare.org/aging/services/subcategory.aspx?tax=BH-8900.9100>

SAWS Affordability Programs - Utility assistance programs

<http://www.saws.org/service/affordability/>

San Antonio Housing Authority -

Applications for section 8 housing assistance

<http://saha.org/>

Emergency Resources and Funds

Insights into emergency resources and funds available to assist students during unexpected financial hardships. The university has limited emergency resources for students and we encourage all students to work with Financial Aid on their specific needs/concerns to see how they can be addressed through that process. Students who need to connect with community resources can work with the Student Rights and Responsibilities office through the CARE Referral process.

TAMUSA STUDENTS

Your Link is on the Way

Su Link esta en Camino



Rideshare with your FREE U-Pass

VIA Link is an easy way to connect to campus, shopping, restaurants, work and more in the local area.

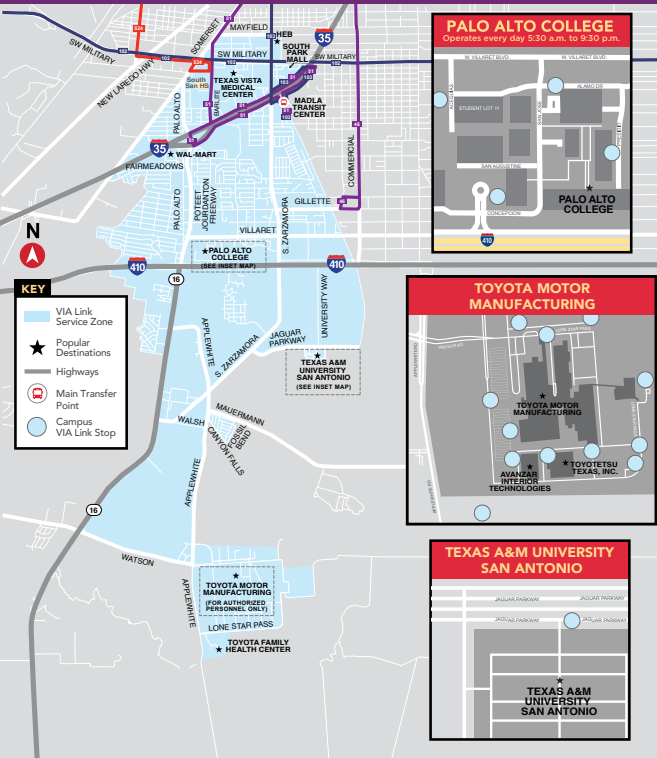
Comparta su viaje usando su U-Pass Gratis.

VÍA Link es la manera práctica de conectarse con la escuela, comercios, restaurantes, el trabajo y más en su area.



VIAINFO.NET/LINK

VIA LINK SOUTH ZONE



Ride Free with TAMUSA ID

Viaje gratis con su Identificación de TAMUSA

Just show your driver your **TAMUSA ID** to ride **FREE** with **VIA Link South**.

Simplemente muestre a su conductor su Identificación de TAMUSA para viajar gratis con VIA Link South.



Get the App

Download the **VIA Link** app **FREE** or call (210) 655-5465 to book your ride.

Descargue GRATIS la app de VIA Link o llame al (210) 655-5465 para reservar su viaje empezando.



PRO TIP

Use the Transit app to plan trips that include both bus and VIA Link

Consejo Profesional: Use la app de Transit para planificar viajes que incluyen tanto el autobús como VIA Link

Learn more at VIAinfo.net/Link

Visite VIAinfo.net/Link para mas información.

Operates Monday thru Sunday, 5:30 a.m. to 9:30 p.m.

Opera de lunes a domingo de 5:30 a.m. a 9:30 p.m.

